

Course outline

Module 1

A competent basic first aid attendant will be able to:

- Apply the priority action approach
- Reposition an injured worker
- Describe the roles and responsibilities of a designated first aid attendant
- Conduct a modified primary survey
- Assess soft tissue injuries
- Make appropriate medical referral decisions
- Explain the WorkSafeBC regulatory requirement for first aid record keeping

The procedures will follow the guidelines described in the participant guide.

Learning tasks:

Priority action approach

Roles and responsibilities of the first aid attendant

Scene assessment

- Scene assessment
- Hazard considerations
- Mechanism of injury (what happened)
- Number of injured workers (victims)

Primary survey

- Purpose of the primary survey
- Components of the primary survey
- Critical interventions

Transport decision

- Medical aid or return to work
- BCEHS (ambulance), emergency transport vehicle (ETV), company vehicle, taxi
 - Information required by ambulance dispatch
 - Information for ETV (remote workplace)
 - Airway breathing circulation (ABC) reassessments

Secondary survey

- Vital signs
- Medical History
- Head-to-toe assessment

Conduct a priority action approach

- A responsive worker
- An unresponsive worker

Repositioning a worker

- Face down (prone) to face up (supine) roll
- Face up (supine) to recovery ($\frac{3}{4}$ -prone) position

Priority action approach for the walk-in worker

- Modified primary survey

Wound assessment and treatment

- Examining wounds
- Cleansing wounds
- Dressing and bandaging
- Providing worker handout sheets
- Discussing the first aid record

Decisions on referral to medical aid

- Wounds that must be referred to medical aid
- Mode of transport (for workers who must be transported) — BCEHS (ambulance), ETV, helicopter, company vehicle, or taxi

Module 2

A competent first aid attendant will be able to:

- Identify breathing emergencies
- Identify a mild (partial) obstructed airway
- Identify a severe (complete) obstructed airway
- Clear an obstructed airway
- Use a pocket mask
- Perform CPR and use an AED

The procedures will follow the guidelines described in the participant guide.

Learning tasks:

The respiratory and circulatory system

Airway obstruction management

- A responsive worker with a mild (partial) airway obstruction
- A responsive worker with a severe (complete) airway obstruction

CPR and AEDs

- Chest pain
- An unresponsive worker in cardiac arrest

Respiratory and/or cardiac arrest management

Module 3

A competent first aid attendant will be able to:

- Manage bleeding
- Identify the signs of anaphylaxis
- Reposition an injured worker
- Identify common medical emergencies
- Manage common medical emergencies

The procedures will follow the guidelines described in the participant guide.

Learning tasks:

Shock

- Identification
- Management

Position a worker from sitting to lying (supine) position Severe bleeding management

Identification and management of medical conditions

- Stroke
- Diabetic emergencies
- Seizures
- Fainting

Burns

- Degrees of burns
- Thermal burn management

Module 4

Practical scenarios

If time is left over on completion of the material review, lessons can be conducted to assist in competency decision.

Module 5

Completion of the written examination, check I.D.